



Cadet Chronicle



2021 Issue 1



Duke of Edinburgh

The cadets who have taken part in our first ever cohort were fortunate enough to have the chance to have some face-to-face sessions. This session was part of the planning activity for their expedition. The cadets cooked themselves some humble hotdogs whilst getting used to the new mini stoves.

To contact the Northamptonshire Emergency Services Cadets
Force Headquarters, Wootton Hall, Northampton, NN4 0JQ

www.nescadets.co.uk

Follow us on Twitter @ESCadets



Remembrance Day craft activities

Activity packs for cadets

Throughout the pandemic we have stayed in touch with our young people digitally. It has been hard for leaders and cadets alike so to help, during Covid we have sent packs out to the cadets.

These packs contained some baking activities, craft activities some mindfulness activities and some thought provoking material to look at the reason why we celebrate Remembrance Day, Halloween and Christmas.

We have more planned so keep your eyes on the letter box.



Drill yard supervision courses

During the very early stages of Covid we managed to run two drill yard supervision courses for our leaders. This is the basic course that allows volunteers and staff to support the trained Fire Fighters to deliver the Fire element of our curriculum.

We saw a further nine leaders complete and pass the course, giving us more resilience for our return to physical sessions.



Door dropping art packs



This was a project called Made in Many. Fire and Rescue Service along with many other agencies and cadets delivered arts packs through doors on the Hemmingwell estate in Wellingborough. This was done to encourage community consultation through the arts. This project ran over the space of 2 days.

Brief return between lockdowns



With the agreement from our Fire Executive Group the fire specialism cadets were allowed to return. The group came back for 5 weeks before we had to unfortunately stop again due to changes with the Covid-19 regulations. The cadets expressed that they really benefited from the taste of normality all be it for 5 short weeks. When they completed a survey they all stated that they felt safe on station and that they didn't feel that we could have done any more to ensure everyone's safety.

Helping out with Safer Streets

During October, November and December the Fire Service went out and delivered packs for the Safer Streets project. This is an OPFCC funded

project that we were hoping to get cadets involved with. With the increase in the Covid-19 restrictions we only managed to have cadets involved for one day. In that one day in Wellingborough the team were able to deliver an outstanding 350 packs.



Support during lockdown

The **NSPCC** is there for you in lockdown. They have a Domestic Abuse helpline on **0808 800 5000** for adults, young people and children or you can email them at help@nspcc.org.uk

There is also the **National Domestic Abuse helpline** on **0808 2000 247**.

Childline can be contacted on **0800 1111** and **The Samaritans** number is **116 123**.

NHS support - Every Mind Matters | One You

This site is packed with information about mental health and how to cope with the challenges of lockdown. Visit <https://www.nhs.uk/oneyou/every-mind-matters/> and see what you can do to help yourself and those around you.

Barnardo's See, Hear, Respond initiative

The children's charity Barnardo's is running a programme to help young people affected by the coronavirus crisis. Visit <https://www.barnardos.org.uk/see-hear-respond> to find information for young people, parents and carers.